

## Court Lane Portsmouth Autumn Menu 2021



**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

**ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Week One</b> 30/08/2021 20/09/2021 11/10/2021 08/11/2021 29/11/2021	Option 1	Chicken and Bean Fajitas with Rice	Beef Burger in a Bun with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Cheese & Tomato Pizza with Wedges	MSC Fish Fingers with Chips and Tomato Sauce
	Option 2	Macaroni Cheese	Vegan Sausage Hot Dog Roll with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato and Lentil Pasta	Cheese & Potato Pie
	Option 3	Jacket Potato with Tuna	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Beans
	Vegetables	Green Beans Cauliflower	Peas Sweetcorn	Carrots Cabbage	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
	Dessert	Sticky Toffee Apple Crumble with Custard	Apple, Cheese and Biscuits	Peaches & Ice Cream	Oaty Cookie	Chocolate Cookie
Or a choice of Yoghurt & Fresh Fruit available daily						

<b>Week Two</b> 06/09/2021 27/09/2021 18/10/2021 15/11/2021 06/12/2021	Option 1	Chicken Enchiladas	Spaghetti Bolognese	Roast Turkey with Roast Potatoes and Gravy	Cheese and Tomato Pizza with Wedges	MSC Fish in Batter with Chips and Tomato Sauce
	Option 2	Vegetarian Lasagne Soya Mince	Lentil & Sweet Potato Curry with Rice	Roasted Quorn with Roast Potatoes and Gravy	Bean & Lentil Burger with Wedges	Shepherdess Pie
	Option 3	Jacket Potato with Tuna	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Beans
	Vegetables	Green Beans Cauliflower	Sweetcorn Garden Peas	Cabbage Carrots	Sweetcorn Mixed Vegetables	Baked Beans Garden Peas
	Dessert	Pear Crumble with Custard	Chocolate Shortbread	Apple Flapjack	Peach Upside Down Cake	Mandarin Jelly
Or a choice of Yoghurt & Fresh Fruit available daily						

<b>Week Three</b> 13/09/2021 04/10/2021 01/11/2021 22/11/2021 13/12/2021	Option 1	Beef Tortilla Stack with Rice	Sausage Roll with Wedges	Roast Gammon with Roast Potatoes and Gravy	Cheese & Tomato Pizza with Wedges	MSC Fish Fingers with Chips and Tomato Sauce
	Option 2	Vegetarian Meat free Balls in Tomato Sauce with Rice	Mexican Roll with Wedges	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable Pasta Bake	Quorn Burger with Chips
	Option 3	Jacket Potato with Tuna	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Tuna	Jacket Potato with Beans
	Vegetables	Broccoli Sweetcorn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Sweetcorn	Baked Beans Garden Peas
	Dessert	Chocolate Sponge with Chocolate Sauce	Rice Pudding with Mixed Berries	Apple Cheese & Biscuits	Eves Pudding and Custard	Pinwheel Cookie
Or a choice of Yoghurt & Fresh Fruit available daily						