

Hand Washing- KS1

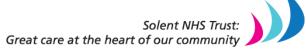
Melanie Rand Health Related Absence Nurse











NHS

Solent NHS Trust

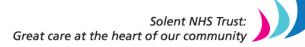




When should you wash your hands?









Before eating or handling food









After using the toilet











After coughing, sneezing or blowing your nose



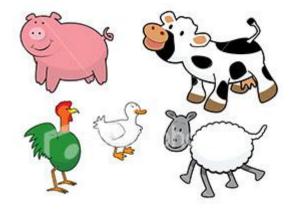




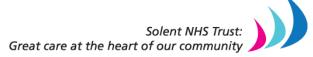


After touching animals











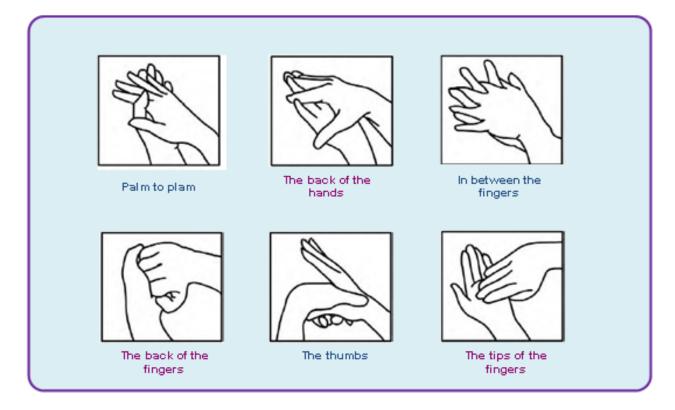
How do we wash our hands?







The 6 Steps of Hand Washing









True or False?







We should only wash our hands once a day- True or False?







We should wash our hands

- After using the toilet



- Before eating or handling food
- After touching animals
- After coughing or sneezing into hands







Solent



Washing our hands often can stop us getting ill- True or False?





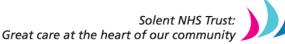




The best way to stop harmful germs spreading to our friends and family is **by washing our hands!**









Half of people don't wash their hands after going to the toilet-True of False?

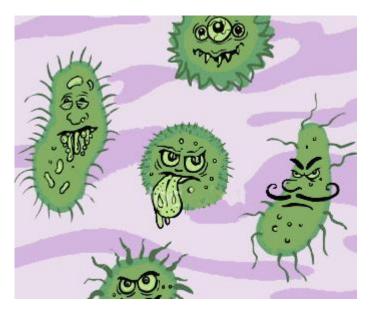








Nearly everyone says they wash their hands after going to the toilet but over half don't do it! Think what may be on their hands?









Any Questions?





