



Court Lane Infant School

Supporting Your Child to be School Ready

Here are some important self-help skills that you can practise with your child that will make their start at school a little bit easier and allow them to be more independent...

- ✓ Read their own name when it is written down.
- ✓ Know where to find their name labels on all their items of clothing.
- ✓ Eat correctly with a knife and fork to cut up soft items of food.
- ✓ Dress and undress themselves, including putting items the correct way round if they are inside out.
- ✓ Put their shoes on the correct feet.
- ✓ Put on their coat independently and zip it up.
- ✓ Use the toilet on their own, wipe themselves properly and pull up their pants and trousers/skirt.
- ✓ Asking for help using words not actions.

Thank you for your support in guiding your child with the independence and skills they need to help them before starting school.