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9<sup>th</sup> November 2022

Dear Parents and Carers,

### **Anti-Bullying Week**

During the week of 14<sup>th</sup> to 18<sup>th</sup> November it is Anti-Bullying Week. The theme is 'Reach Out' and as a school we will be taking part in this in a variety of ways.

#### **ANTI-BULLYING WEEK 2022 'REACH OUT' CALL TO ACTION**



Bullying affects millions of lives and can leave us feeling hopeless. But it doesn't have to be this way. If we challenge it, we can change it. And it starts by reaching out.

Whether it's in school, at home, in the community or online, let's reach out and show each other the support we need. Reach out to someone you trust if you need to talk. Reach out to someone you know is being bullied. Reach out and consider a new approach.

And it doesn't stop with young people. From teachers to parents and influencers to politicians, we all have a responsibility to help each other reach out. Together, let's be the change we want to see. Reflect on our own behaviour, set positive examples and create kinder communities.

It takes courage, but it can change lives.

**So, this Anti-Bullying Week, let's come together and reach out to stop bullying.**

### **World Kindness Day - Sunday 13<sup>th</sup> November**

As part of World Kindness Day on Sunday 13<sup>th</sup> November, we are asking for families at home to encourage their child to do an act of kindness for someone over the weekend of 12<sup>th</sup> and 13<sup>th</sup> November. Please have a discussion with your child about why we are kind to others and how it makes others and themselves feel. You can let your child's teacher know what they have done using Tapestry or the children can talk about it with their class teacher and peers.



### **Odd Sock Day – Monday 14<sup>th</sup> November**



For Odd Sock Day on Monday 14<sup>th</sup> November, we are asking all children and staff to wear two different socks so they come in to school wearing odd socks. It is a fun

opportunity to encourage people to express themselves and celebrate their individuality and what makes us all unique! We are **not** asking for a monetary contribution for this.

### **Children in Need – Friday 18<sup>th</sup> November**

At the end of the week on Friday 18<sup>th</sup> November, it is Children in Need Day so the children are welcome to wear spotty clothes for the day instead of their usual school uniform. We are **not** asking for a monetary contribution for this however families may decide to donate directly to Children in Need. In school we will discuss the reason for Children in Need and emphasise the message of 'together we can make a change'.



This week will give the children the opportunity to reflect on how they can play their small part in making the world a happier, more caring place.

If you have any further questions, please do not hesitate to ask me or your child's class teacher.

Yours sincerely,

A handwritten signature in black ink that reads 'H Fagelman'.

Mrs H Fagelman

PSHE leader and Year 2 Teacher